

COVID-19 alert

Stay at home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority. Source: [World Health Organisation](#)

Department of Public Expenditure and Reform of Ireland

For informational purposes only. Consult your local medical authority for advice. [Learn more](#)

Please read COVID-19 protocols below before booking your physiotherapy appointment

The safety of both patients and the physiotherapist is of the utmost importance. We have adopted the following protocols on the advice of The Irish Society of Chartered Physiotherapists (ISCP).

The Physiotherapist:

The Physiotherapist will have their temperature checked twice daily.

The Physiotherapist will be wearing personal protective equipment as per HSE guidelines for the duration of the physiotherapy session.

The Physiotherapist will endeavour to maintain 2 metres' distance from the patient as much as possible (e.g. during the initial consultation, demonstration and supervision of exercises etc).

All contact surfaces and equipment are disinfected after every session.

The Patient:

All patients will have their temperature checked before entry to the clinic.

All patients will be asked to sanitise their hands on entering the clinic.

A surgical mask will be provided, and the patient is required to wear this for the duration of the appointment.

We ask that all patients come at the exact time specified for their appointment and do not arrive early.

Do not attend for Physiotherapy:

If you have received a positive test for Covid-19.

If you have symptoms of Covid-19.

If you are awaiting a test (or test results) for Covid-19.

If you live with or have been in close contact with a confirmed case.

If you have been to another country in the 14 days before the scheduled appointment.

If you have any questions or concerns regarding the above protocols, please do not hesitate to contact me.

Please download your Covid-19 Physiotherapy Questionnaire and bring it with you to your appointment.